

**ACTIVITIES FOR FAMILIES - INDOORS**

<p><b>The Ark</b> Poole Park, Poole BH15 2SF 01202 717197 <a href="http://www.thearkpoolepark.co.uk">www.thearkpoolepark.co.uk</a></p>	<p>10.00 am – 6.00 pm 7 days a week 25 &amp; 26 December closed 11 am – 5 pm 1 January</p>	<p>Three levels of soft play with slides, tunnels and interactive zones (up to 11 years old). Dedicated toddlers' soft play area for little ones, Indoor ice rink for all ages and abilities. Spacious café with outdoor terrace overlooking Swan Lake.</p>
<p><b>Hollywood Bowl</b> 382 Poole Road, Poole BH12 1DA 0844 477 0483 <a href="http://www.hollywoodbowl.co.uk">www.hollywoodbowl.co.uk</a></p>	<p>11.00 am – 10.30 pm Mon – Fri 09.30 am – 11.00 pm Sat 09.30 am – 10.30 pm Sun</p>	<p>Bowlplex for all the family with 24 lanes to bowl along, an American inspired diner, a bar and an amusements area.</p>
<p><b>Oceanarium</b> Pier Approach, Bournemouth BH2 5AA 01202 311993 <a href="http://www.oceanarium.co.uk">www.oceanarium.co.uk</a></p>	<p>Open daily from 10.00 am Except 25 December Closing times vary</p>	<p>The Oceanarium offers an enjoyable and educational experience for all the family. Over 150 different species of fish are displayed including sharks, stingrays, moray eels, catfish, pacu, clownfish and puffer fish.</p>
<p><b>Rockreef</b> Bournemouth Pier BH2 5AA 01202 983983 <a href="http://www.rockreef.co.uk">www.rockreef.co.uk</a></p>	<p>Open 7 days a week. Sessions times vary – see website</p>	<p>The Rockreef Indoor Activity Attraction is an all year, all weather attraction based on adventure sport. Includes 28 Clip 'n Climb, themed, indoor climbing walls providing varying degrees of challenges suitable for all abilities and all ages from 4 years and upwards. Other activities include a vertical drop slide, a 'Leap of Faith' jumping challenge, a High Line high ropes aerial obstacle course and the Pier Cave which is a 65-linear metre indoor cave experience.</p>
<p><b>Tower Park Leisure Complex</b> Yarrow Road, Poole BH12 4NY <a href="http://www.towerparkentertainment.co.uk">www.towerparkentertainment.co.uk</a></p>	<p>Refer to website for opening times</p>	<p>This indoor Entertainment Centre offers a children's soft play area including a huge multi-level playframe, multi-slide, bridges, ball blaster cannons, a brand new climbing centre and brand new under 7 facilities, an amusement centre, Hollywood Bowls with 24 lanes, American pool and the latest in arcade technology.</p>
<p><b>Cineworld at Tower Park</b> Yarrow Road, Poole BH12 4NY 0330 333 4444 <a href="http://www.cineworld.co.uk/cinemas/poole">www.cineworld.co.uk/cinemas/poole</a></p>	<p>Refer to website for opening times</p>	<p>Multiplex cinema chain showing the latest international blockbusters in 2D and 3D formats. There is also disabled access and plenty of free parking.</p>
<p><b>Odeon BH2</b> Exeter Crescent, Bournemouth BH2 5DD 0333 014 4501 <a href="http://www.odeon.co.uk/cinemas.bournemouth">www.odeon.co.uk/cinemas.bournemouth</a></p>	<p>Refer to website for opening times</p>	<p>State-of-the-art multiplex cinema for blockbusters in 2-D or 3-D format, plus family and student deals.</p>

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<p><b>Swanage Steam Railway</b> Station House, Station Approach, Swanage BH19 1HB 01929 425800 <a href="http://www.swanagerailway.co.uk">www.swanagerailway.co.uk</a></p>	<p>See website for timetable and special events</p>	<p>Steam trains run for 6 miles, through the Purbeck countryside, past the ruins of Corfe Castle to the sandy beach of Swanage. There are numerous special events, details of which can be obtained from their website.</p>
<p><b>Teddy Bear Museum</b> Salisbury Street, Dorchester DT1 1JU 01305 266040 <a href="http://www.teddybearmuseum.co.uk">www.teddybearmuseum.co.uk</a></p>	<p>Open daily all year 10.00 am – 5.00 pm (4.00 pm in Winter) See website for Christmas closing</p>	<p>The museum includes Teddy Bear House and displays antique and other teddy bears. Bears on display include Paddington Bear, Rupert Bear and Winnie the Pooh.</p>
<p><b>The Dinosaur Museum</b> Icen Way, Dorchester DT1 1EW 01305 269880 <a href="http://www.thedinosaurmuseum.com">www.thedinosaurmuseum.com</a></p>	<p>Open daily all year 10.00 am – 5.00 pm (4.00 pm in Winter) See website for Christmas closing</p>	<p>An all weather family attraction for the family to see and do including fossils, skeletons, life-size reconstructions of T-Rex and other dinosaurs. Hands-on and interactive exhibits. Also mammoths, prehistoric mammals and reptiles. Look out for special events on most bank holidays.</p>
<p><b>Terracotta Warriors Museum</b> High Street East, Dorchester DT1 1JU 01305 266040 <a href="http://www.terracottawarriors.co.uk">www.terracottawarriors.co.uk</a></p>	<p>Open daily all year 10.00 am – 5.00 pm (4.00 pm in Winter) See website for Christmas closing</p>	<p>Unique life-size museum replicas from China, costumes, armour and cinematic displays. Also displays of ancient tomb figures.</p>
<p><b>Create At The Cove</b> Church Road, W. Lulworth BH20 5SQ 01929 400270 <a href="http://www.createatthecove.com">www.createatthecove.com</a></p>	<p>Open daily except Monday 10.00 am – 5.00 pm See website for Christmas closing</p>	<p>You can choose from a variety of craft kits - sand art, make your own teddy bear, paint your own pottery, decopatch, colouring &amp; painting and much more. There is something for everyone and to suit most budgets.</p>
<p><b>Laser Quest</b> Glen Fern Road, Bournemouth BH1 2LZ 01202 556888 <a href="http://www.laserquestbournemouth.co.uk">www.laserquestbournemouth.co.uk</a></p>	<p>10.00 am – 10.00 pm Mon – Sat 10.00 am – 9.00 pm Sun  Kids Cub every Saturday 10.00 am- 12.00 pm</p>	<p>Laser Quest is a game of tag with a twist! There are a variety of different game types, the most popular are 'Solo', 'All against all', and the 'Team' game. Up to three team's battle for the highest team score. The game is played in a purpose built arena with castle towers, turrets, ramps, mazes, swirling fog and state of the art sound and lighting effects. The minimum age is 6 years and a minimum height of 1 metre (3ft 4in) is requested.</p>
<p><b>Monkey Madness Play Centre</b> Reid Street, Christchurch BH23 2BT 01202 481015 <a href="http://www.monkeymadnessplay.com">www.monkeymadnessplay.com</a></p>	<p>9.30 am – 6.00 pm Mon - Thur 9.30 am - 6.30 pm Fri - Sat 9.30 am - 5.30 pm Sun 9.30 am - 4.30 pm Bank Holidays</p>	<p>Play centre and party venue offering two playframes. One created for the under 4's, and another with a 3 lane astra slide with spiral tube slide, aerial runway, tunnels, obstacles and more.</p>

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<p><b>Secret Circus</b> The Project Climbing Centre, Dolphin Shopping Centre, Poole BH15 1UD <a href="http://www.secretcircusagency.co.uk">www.secretcircusagency.co.uk</a></p>	<p>Refer to website for session times</p>	<p>An aerial circus school, offering classes in Aerial Hoop and Silks. Class size 4- 12 people.</p>
<p><b>Littledown Leisure Centre</b> Chaseside, Bournemouth BH7 7DX 01202 055500 <a href="http://www.bhlive.org.uk/centres/littledown-centre">www.bhlive.org.uk/centres/littledown-centre</a></p>	<p>Centre opening times - 6.00 am – 10.00 pm Mon – Fri 07.30 am – 7.00 pm Sat 07.30 am -8.00 pm Sun</p>	<p>Set in 47 acres of parkland, with its own high ropes adventure complex, providing everything to encourage people of all ages and abilities to get active. It's got some of the best gym, swimming and football facilities in the country.</p>
<p><b>Prevail Skatehouse</b> 65-67 Pottery Estate, Ringwood Road, Poole BH14 0RG 01202 280123 <a href="http://www.prevailskatehouse.co.uk">www.prevailskatehouse.co.uk</a></p>	<p>Refer to website for opening times and session details</p>	<p>The South's leading indoor skatepark with foam pit, numerous ramps, bowls and recently fitted resi-jump box and quarter.</p>
<p><b>RNLI College</b> West Quay Road, POOLE BH15 1HZ 01202 366460 <a href="http://www.rnli.org/rnli-college">www.rnli.org/rnli-college</a></p>	<p>Tours take place daily Monday to Saturday at either 11am or 2.30pm (subject to volunteer availability). Booking in advance is necessary.</p>	<p>Find out how the crews and lifeguards are trained with a behind the scenes 90 minute tour of the RNLI College, conducted by dedicated volunteer tour guides. During your 90 minute guided tour, you will be given the chance to explore the RNLI College and its training facilities, including their world-class Sea Survival centre, which hosts the wave tank and Lifeboat simulator.</p>
<p><b>Oasis Fun</b> Glen Fern Road, Bournemouth BH1 2LZ 01202 311611 <a href="http://www.oasisfun.co.uk">www.oasisfun.co.uk</a></p>	<p>Open daily 10.00 am – 10.00 pm</p>	<p>A fun-filled experience for the whole family. There is a bowling alley with 6 lanes, an indoor soft play centre, large Adventure Golf course, arcades and pool tables. There is also an American diner and bar.</p>
<p><b>Pier Amusements</b> Pier Approach, Undercliff Drive, Bournemouth BH2 5AA 01202 451791 <a href="http://www.bournemouth.co.uk/things-to-do/pier-amusements">www.bournemouth.co.uk/things-to-do/pier-amusements</a></p>	<p>Open daily 10.00 am – 23.30 pm (Peak Season)  10.00 am - 5.30 pm (Off Season)</p>	<p>A modern amusement arcade which concentrates on being a family entertainment centre. There are a wide range of family orientated games and prizes from the current film licences. There is also a pinball area from both the modern and classic games.</p>
<p><b>Fun Central</b> 45-47 Westover Rd, Bournemouth BH1 2BZ 01202 555552 <a href="http://www.funcentral.co.uk">www.funcentral.co.uk</a></p>	<p>Mon 12 pm – 8.00 pm Tue – Thur 11.00 am – 9.00 pm Fri – Sat 11.00 am – 10.00 pm Sun 10.30 am – 8.00 pm</p>	<p>There are a wide variety of games including interactive games such as air hockey, basketball and ball throwing games. Also classic driving games and traditional prize grabbers, 2p and 1p pushers and fruit machines.</p>

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<p><b>Sea Life</b> Lodmoor Country Park, Weymouth DT4 7SX 03333 212001 <a href="http://www.sealifeweymouth.com">www.sealifeweymouth.com</a></p>	<p>Open 10.00 am – 5.00 pm daily Last admission 4.00 pm</p>	<p>Set across a 14 acre park with both indoor and outdoor exhibits. Explore an underwater world with over 1,000 creatures to see, Caribbean Cove, talks and feeding demonstrations, splash zone, pool.</p>
<p><b>Adventure Wonderland</b> Opposite Bournemouth Airport BH23 6BA 01202 483444 <a href="http://www.adventurewonderland.co.uk">www.adventurewonderland.co.uk</a></p>	<p>Open 10.00 am – 6.00 pm during peak season</p>	<p>Family theme park offering rides and attractions as well as a large indoor soft play centre. Entertainment is provided by Alice, the Mad Hatter and Mr Rabbit, primarily aimed at children up to 11 years of age.</p>
<p><b>Dorset Adventure Park</b> Arfleet Mill Lakes, Studland Road, CORFE CASTLE BH20 5JG 01929 505030 <a href="http://www.dorsetadventurepark.com">www.dorsetadventurepark.com</a></p>	<p>Open 09.00 am – 6.00 pm daily Open 09.00 am – 7.00 pm during the Summer holidays</p>	<p>A ‘wet and wild’ Aqua Park set in 18 acres of woodland. The park features a total wipeout style inflatable outdoor waterpark set on two fully lifeguarded lakes, and a muddy mayhem mud trail suitable for both children and adults.</p>
<p><b>Paultons Park</b> Ower, Romsey SO51 6AL. 023 8081 4442 <a href="http://www.paultonspark.co.uk">www.paultonspark.co.uk</a></p>	<p>Open 10.00 am – 5.30 pm daily  Please note opening times vary – check website for details</p>	<p>Home to the UK and world’s first Peppa Pig World. Offering over 70 rides and attractions and large indoor play area. Set in 140 acres of parkland on the edge of the New Forest National Park.</p>
<p><b>Monkey World – Ape Rescue Centre</b> Longthorns, Wareham BH20 6HH 01929 462537 <a href="http://www.monkeyworld.org">www.monkeyworld.org</a></p>	<p>Open 10.00 am – 5.00 pm every day 10.00 am – 6.0 pm July &amp; August Closed Christmas Day</p>	<p>Set amongst 65 acres of woodland, Monkey World is home to over 250 primates of more than 20 different species. There are half hourly keeper talks and 3 adventure playgrounds.</p>
<p><b>Rockreef &amp; Pierzip</b> Bournemouth Pier BH2 5AA 01202 983983 <a href="http://www.rockreef.co.uk">www.rockreef.co.uk</a></p>	<p>Open 7 days a week. Session times vary – see website</p>	<p>The PierZip is the world’s first pier to shore zip wire. The RockReef is an all year, all weather attraction and includes 28 Clip ‘n Climb, themed indoor climbing walls providing varying degrees of challenges, suitable for all abilities and all ages from 4 years upwards. (Please note height and weight restrictions may apply).</p>
<p><b>Farmer Palmers</b> Wareham Road, Poole BH16 6EU 01202 622022 <a href="http://www.farmerpalmers.co.uk">www.farmerpalmers.co.uk</a></p>	<p>Open 10.00 am – 5.00 pm 31 Mar – 26 Oct Open 10.00 am – 4 pm all other times Check website for Dec and Jan closures</p>	<p>Designed for children 8 years and under, Farmer Palmers offers animal events, play areas, tractor rides and woodland walks and more.</p>

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<p><b>Snowtrax</b> Matchams Lane, Hurn BH23 6AW 01202 499155 <a href="http://www.snowtrax.eu">www.snowtrax.eu</a></p>	<p>9.00 am – 9.00 pm Mon – Fri 08.30 am – 10.00 pm Sat 10.00 am – 6.00 pm Sun</p>	<p>Alpine outdoor activity centre which offers Ringo and Ski Bob runs, an alpine adventure park and overhead cable ride, trampolines and a full size pirate ship.</p>
<p><b>Splashdown</b> Tower Park, Poole BH12 4NY 01202 716000 <a href="http://www.splashdownwaterparks.co.uk">www.splashdownwaterparks.co.uk</a></p>	<p>Open all year round. Check website for opening hours</p>	<p>Splashdown offers 13 indoor and outdoor flume rides and 3 under 5's splash zones.</p>
<p><b>Go Ape Forest Adventure</b> Moors Valley Country Park, Near Bournemouth BH24 2ET 01603 895500 <a href="http://www.goape.co.uk">www.goape.co.uk</a></p>	<p>Check website for opening hours</p>	<p>There are two adventure play areas - one for older children with a zip slide, space net, climbing boulder and a fortress of towers and crossings and a younger children's area with gentler slides and swings. There are also all-terrain Segways to explore the forest and park.</p>
<p><b>Dorset Heavy Horse Farm Park</b> Edmondson Road, Verwood BH21 5RJ 01202 824040 <a href="http://www.dorset-heavy-horse-centre.co.uk">www.dorset-heavy-horse-centre.co.uk</a></p>	<p>Open 6 April – 2 November 10.00 am – 4.00 pm October open Thur – Sun Closed Monday and Tuesday outside of school holidays</p>	<p>Home to over 20 horses, the Park is recognised as both a family attraction and a conservation centre. Enjoy the experience of driving a vintage tractor, ride in a heavy horse drawn carriage, tractor and trailer rides, pony riding, interaction with the farm animals and more.</p>
<p><b>Tall Ship Sailing on Moonfleet</b> Portland Marina, 6 Hamm Beach Road, Portland DT5 1DX 01929 289019 <a href="http://www.moonfleetsailing.com">www.moonfleetsailing.com</a></p>	<p>Open 9.00 am – 7.00 pm April - October</p>	<p>Moonfleet is the only Tall Ship sailing experience in Dorset. Sailing daily from Portland along the Unesco World Heritage Jurassic Coastline to destinations like Lulworth Cove and Durdle Door. Help sail the ship or sit back and enjoy the ride.</p>
<p><b>Gorcombe Farm</b> Thornicombe, Blandford DT11 9AG 01958 452219 <a href="http://www.gorcombe.co.uk">www.gorcombe.co.uk</a></p>	<p>Open all year round</p>	<p>Activities include quad biking on a multitude of courses. clay shooting, rage karts, archery, assault course, footgolf, paintball and more. All on one site along with a restaurant and swimming pool/jacuzzi. <b>Minimum age 12 years</b></p>
<p><b>The Quomps Splash Park</b> Christchurch BH23 1HX <a href="https://www.facebook.com/pages/Quomps-Splash-Park/227566627256166">www.facebook.com/pages/Quomps-Splash-Park/227566627256166</a></p>	<p>Open daily during the summer months from 10am until 7pm  Typically the splash park opens for the new season on the late May bank holiday weekend</p>	<p>An ideal free family day out. Set on the stunning Christchurch Quay this children's play park features a well-equipped play area, enclosed splash park, a shallow paddling pool and water play fountains. There are also grassy areas available for picnicking, playing outdoor sports, and a novelty golf course too.</p>

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<p><b>Fantasy Island</b> Bowleaze Cove, Weymouth DT3 6PW 01305 834746 <a href="http://www.fantasyislandweymouth.co.uk">www.fantasyislandweymouth.co.uk</a></p>	<p>Open all year round 10.00 am – 10.00 pm</p>	<p>There are 13 rides with suitability ranging from tots to teens. Fantasy Island is all about thrills. The indoor soft play area features a “death slide” and three other huge slides. There is also a Ghost Train allegedly one of the scariest in the UK!</p>
<p><b>Brownsea Island</b> <a href="http://www.nationaltrust.org/brownsea-island">www.nationaltrust.org/brownsea-island</a></p>	<p>Check website for opening hours and special events</p>	<p>Take a boat trip from Poole Harbour and pay a visit to Brownsea Island. It has wonderful views, history and wildlife including rare red squirrels and birds. It is also the birthplace of Scouting and Guiding.</p>
<p><b>Sandworld Sculpture Park</b> Preston Beach Road Lodmoor Country Park Weymouth DT4 7SX 07411 387529 <a href="http://www.sandworld.co.uk">www.sandworld.co.uk</a></p>	<p>10.30 am – 4.30 pm Mon-Thurs 10.30 am – 4.00 pm Fri 10.30 am – 4.30 pm Sat-Sun</p>	<p>A unique gallery with huge sand sculptures on the beach and a sand pit for hands-on creations, plus a coffee shop.</p>
<p><b>Wimborne Model Town &amp; Gardens</b> 16 King Street, Wimborne BH21 1DY 01202 881924 <a href="http://www.wimborne-modeltown.com">www.wimborne-modeltown.com</a></p>	<p>Open 30 Mar – 3 Nov 10.00 am – 5.00 pm daily</p>	<p>Step back and enjoy the preserved miniature vintage world of 1950s Wimborne. Take a free quiz to discover the treasures in. Outside there is a Crazy Golf area (for a small extra charge) and Giant Chess too or simply sit and enjoy the NGS listed gardens. The Alan Dean Sensory Garden has water and wind features with seasonal coloured and fragrant boarders. The Wendy Street play area is a great hub for younger visitors. Inside and undercover you will find the interactive nostalgic model railway layout, the 1950s school and shop area plus the Beryl Dade Dolls House Collection - each illuminated dwelling has a story to tell.</p>
<p><b>Dorset Falconry Park</b> Lewell Mill Lane, Lewell, Dorchester, DT2 8AN 01305 250710 <a href="http://www.dorsetfalconrypark.co.uk">www.dorsetfalconrypark.co.uk</a></p>	<p>10.00 am – 5.00 pm Wed – Sun Last admission 4.00 pm</p>	<p>Set in 7 acres in Lewell near the A35. It has over 100 birds of prey on display including Hawks, Eagles, Falcons, Owls, Vultures. Daily demonstrations will allow you to see these birds’ natural flying abilities. The site has a tea room, small shop area, picnic area and meadow. Also to see are butterflies, wild birds and insects as a result of the conservation efforts being put into place here. You can also experience flying and handling the birds yourself, these must be pre-booked in advance.</p>